
GOD OF THE MOUNTAIN AND GOD OF THE VALLEY

1) God gives victory in the mountain and the valley

1 Kings 20:22-30

- ✚ Strengthen yourself in times of peace – 1 Timothy 4:15-16
- ✚ God will give strategy for victory – 2 Corinthians 2:11
- ✚ There is victory in the valley – Psalm 23, Romans 8:28, Philippians 4:13, 19

2) What to do in the valley (Healing of the Heart, Joan Hunter)

1. Communicate with God
2. Read His Word
3. Listen to praise and worship music
4. Repent
5. Forgive
6. Be selective with your environment
7. Feed your spirit
8. Seek professional help
9. Watch your words

3) From the mountain down into the valley – Matthew 17:1-21

- ✚ You can't camp on the mountain
- ✚ The mountain top experience is to be taken down into the valley of life
- ✚ We will not draw back but will grow from faith to faith – Romans 1:17, Hebrews 10:37-39

